



Low Taekwon-Do Academy
AAITF Australian National Championship 2009



RESULTS

PATTERNS

Black Belt Men

- 1st Justin Low
- 2nd Nhan Nguyen
- 3rd Sam Mangelsdorf

Black Belt Ladies

- 1st Sarah Fitzgerald-Holmes
- 2nd Amy Phillips
- 3rd Zoe Ravensberg
- 3rd Loren McClory

Black Belt Juniors

- 1st Phillip Le
- 2nd Henry Tucker
- 3rd Nicholas Dang

Coloured Belts Mixed

- 1st Nhan Nguyen
- 2nd Chris How
- 3rd Greg Heuber
- 3rd John Davies

Coloured Belt Junior

- 1st Nathan Dang
- 2nd Mary Chien
- 3rd Cyrus Todd
- 3rd Anthony Vitalich

Coloured Belt Junior 2

- 1st Lucas Dedes
- 2nd Musk Chow
- 3rd Lachlan Munro

Veteran Men

- 1st Barry Judge
- 2nd George Andrijich
- 3rd Darrell Harrison

Veteran Ladies

- 1st Pat McQueen
- 2nd Annette Koenders
- 3rd Marion Andrijich

SPARRING

Black Belt Male Snr Light

- 1st Nhan Hoang
- 2nd Justin Low
- 3rd Rocco Capolingua
- 3rd Paul Jose

Black Belt Male Snr Heavy

- 1st Sam Mangelsdorf
- 2nd Robert McMahon
- 3rd Richard Morisey
- 3rd Todd Sparreboom

Black Belt Ladies

- 1st Amy Phillips
- 2nd Sarah Fitzgerald-Holmes
- 3rd Hoa Le
- 3rd Loren Baldock-Macintyre

Coloured Belt Men

- 1st Nhan Nguyen
- 2nd Marc Chung
- 3rd Abiguna Safarudin
- 4th Du Truong Nguyen

Coloured Belt Junior 3 Male

- 1st Daniel Virgo
- 2nd Anthony Vitalich
- 3rd Brison Chow
- 3rd Jarred Vitalich

Junior Female Mixed

- 1st Nicola Eade
- 2nd Jane Pankhurst
- 3rd Cassandra Delaney

Black Belt Junior 1

- 1st Phillip Le
- 2nd Jack Haskett
- 3rd Bob Billing

Coloured Belt Junior Male

- 1st Musk Chow
- 2nd Lucas Dedes
- 3rd Lachlan Munro

Coloured Belt Ladies

- 1st Katharine Wethered
- 2nd Emily Boulten-Smith
- 3rd Iva Javorkova
- 3rd Mary Chiem

Coloured Belt Junior 2 Male

- 1st Nicholas Dang
- 2nd Zachary Roberts
- 3rd Julian Giustiniano
- 3rd Steven McSwan

Veteran Men

- 1st Edney Blackaby
- 2nd Anthony Lucas
- 3rd Barry Judge
- 3rd Peter Thomson



Low Taekwon-Do Academy
AAITF Australian National Championship 2009



RESULTS

TEAM EVENTS

Sparring Men

1st Mixed Grill
2nd ITDF

Sparring Female

1st The Opals
2nd ATIMA

Junior Sparring

1st ATIMA
2nd The Tigers

Patterns

1st ITDF
2nd Black, White & Red all over
3rd Team QLD

Self-Defense

1st ITDF Male
2nd Wagga Wagga

SPECIAL TECHNIQUES

Men

1st Sam Mangelsdorf
2nd Robert McMahon
3rd Josh Williams

Junior Male

1st Steven McSwan
2nd Julian Giustiniano
3rd Alex Lynch

Girls

1st Nicola Eade
2nd Jane Pankhurst
3rd Jessica Myler

POWER BREAKING

Men

1st Michael Maslo
1st Todd Sparreboo
1st Justin Low
2nd Robert McMahon

Ladies

1st Chelsea Williams
2nd Amy Phillips
3rd Sheree Pozzebon